



IF YOU'RE HAPPY AND YOU KNOW IT ADAPTED SONG INFORMATION SHEET

Creating a sense of belonging, membership, and classroom community can be facilitated by providing friendship activities. Friendship activities can be implemented by taking everyday classroom activities and having students participate in them with a friend. The activity below can be done at group/circle time. Before beginning the activity, each student needs to select a friend and then do the actions together. Vary this activity by creating your own actions to the song or by having the students come up with actions.

Song: If You're Happy and You Know It

Chorus:

If you're happy and you know it...
 If you're happy and you know it...
 If you're happy and you know it
 and you really want some friends
 If you're happy and you know it...

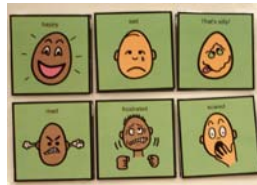
Benefits: Enables a student to...

- Participate and access the curriculum during group/circle time activities
- Feel a sense of belonging and membership to the classroom
- Develop friendships with a variety of peers
- Have fun with others
- Follow actions of others
- Learn the signs for feelings



Friendship Actions:

- ... shake your hands...
- ... tap your friend...
- ... give high 5...
- ... say my turn...
- ... give thumbs up...
- ... give a hug...



Feeling Actions:

- ... sign happy...
- ... sign sad...
- ... sign silly...
- ... sign mad...
- ... sign tired...
- ... sign scared...

Can support children who have:

- Speech and Language Delays
- Difficulty Processing Verbal Input
- Attention Deficit Disorder & ADHD
- Autism & Asperger's Syndrome
- English As a Second Language
- Deafness or Hard of Hearing



Use the pictures as visual supports to help students understand each action or laminate pictures and place them on cardboard dice with velcro. Roll the dice and sing the action chosen.

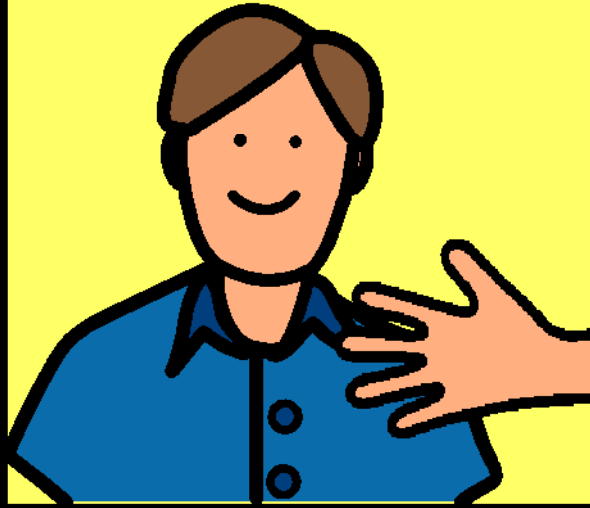
Supported by:



shake hands



tap your friend



thumbs up



hug



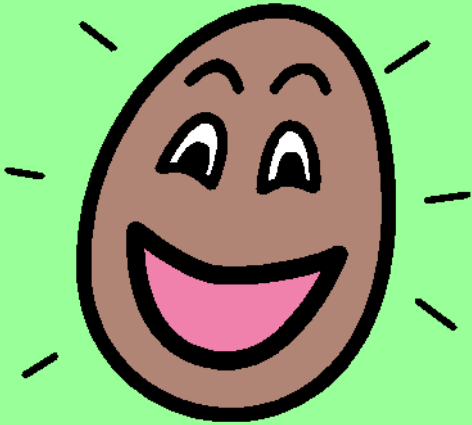
my turn



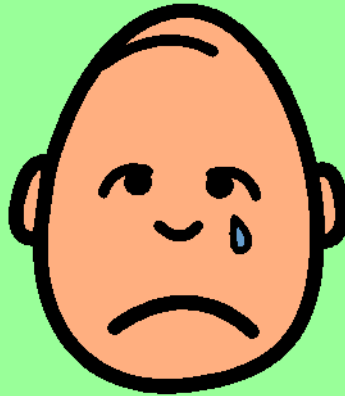
high 5



happy



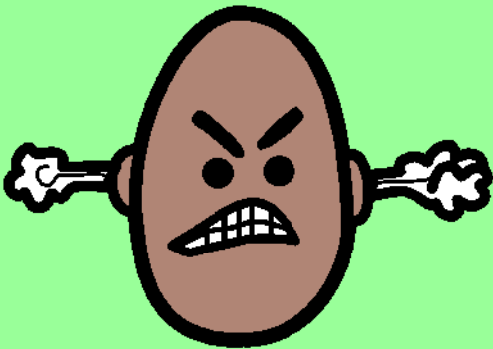
sad



That's silly!



mad



frustrated



scared

